

**ALLIED HEALTH PRACTITIONERS COUNCIL OF ZIMBABWE**

**CPD/CME TRACKING BOOKLET**

**INTERN PSYCHOLOGISTS**

**Clinical, Community, Counselling, Educational, Engineering, Forensic, Neuro, Occupational, Industrial, Research.**

**REQUIRED POINTS**

**Year 2016: 25**

**Year 2017: 30**

**Year 2018 and onwards: 40**

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**(COVER PAGE)**

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SIGNATURE:

DATE

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**CONTINUING PROFESSIONAL DEVELOPMENT (CPD)**

Continuing Professional Development (CPD) is the means by which members of the profession broaden the expertise required in their professional lives. Below are possible activities to enhance professional development.

The minimum CPD points will be 40 per year. To facilitate transition, the registration, renewal certificates for Interns would require that these practitioners accrue a ***minimum of 25 points*** *in 2016, then 30 in 2017 and 40 from 2018 onwards. NB: One cannot accumulate* ***more than 40%*** *of their points from the same category.*

**Below is the CPD points Guide Chart.**

**CATEGORY POINTS AWARDED**

**MINIMUM COMMENTS**

**1** a. Psychological lecture/ Presentation to the public

b. Lecturing

**2** a. Morning/afternoon seminar

b. Psychology Conference/Annual Congress

**3** a. Publishing in Peer reviewed Journal.

b. Review of journal article or research proposal

**4** a. Professional group meetings

b. Attending professional board meetings/functions

**5** Achieving an extra

Psychology qualification

**6** Registration with a professional board e.g. ZPA, AHPCZ, PAPU, IPMZ, TSG

**7** Participation in external consultation, e.g., external examination/ evaluations/ assessments

2

2

1/hour

Attending- 5

Presenting-

10

20

5

Attending- 2

Presenting- 4

2

5

10

2

2

I Hour

Semester

1/hour

2 Days

2 hours

1 Hour

Certificate

Degree

Points will be awarded to the presenter. The education and liaison committee are supposed to confirm the authenticity of the lecture Lectures should be in line with psychological education

Seminar should be in line with continuous psychological education.

Conference should be in line with continuous psychological education

First author gets 20 points. Other listed authors get 10 points. Lecturers should not claim points from reviewing proposals of their students which is part of their everyday job

e.g. Therapist Support Group (TSG)

e.g. ZPA, IPMZ

The qualification should be in line with continuous psychological education

**8** Community Service 2 per service

**9** Personal psychotherapy for professional growth

**10** In-service training activities that are specific to each discipline ( e.g. MMPI Training, EMDR training)

**11** Internship Reports

(Compulsory)

2 Session At least six sessions, compulsory for interns.

5 At least two days

1 Per quarter

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| --- | --- | --- | --- | --- | --- |
| **Date** | **Topic** | **CME** | | **Facilitator** | **Stamp/Sign** |
| **Category** | **Points** |
| 07/01/22 | Psychometrics | 2a | 1 | Dr Memory Nguwi |  |
| 16/03/22 | Sleep and mental well being | 2a | 1 | ZPA (Dr Julia Mutambara) |  |
| 18/03/22 | Intern Psychologists Interface | 2a | 2 | AHPCZ |  |
| 08/04/22 | Enterpreneurship | 2a | 1 | ZPA (Sharon Benza ) |  |
| 29/03/22 | Registration with ZPA | 6 | 2 | ZPA |  |
|  | Lecturing 2 semesters per year | 1b | 4 | University of Zimbabwe |  |
|  | Internship Reports | 11 | 1 |  |  |
| 13/05/22 | WHO eLearning Caregiver Skills Training for families of Children with Developmental Delays or Disabilities | 5 | 5 | World Health Organisation |  |
| 01/06/22 | Child in a digital world | 2b | 5 | Psychological Institute of the Russian Academy of Education |  |
| 16/06/22 | Scholarly Writing Institute | 10 | 5 | QSR International |  |
| 0709/22 | The Work-life balance | 2a | 1 | ZPA (Prof Musawenkosi Saurombe) |  |
| 09/09/22 | Caring for the carer – Psychological Wellbeing for all Health Care Workers | 2a | 2 | Friendship Bench & OPHID |  |
| 29/09/22 | Dementia: A Public Health Priority | 2a | 1 | ZPA (Dr Tatenda Ruwizhu) |  |
| 30/09/22 | The experiences of children of incarcerated parents left behind in Southern Africa: A scoping review. *Zimbabwe Journal of Psychology 1*(1) 62-83 | 3a | 20 | Chivasa. J.T, Javangwe. G, Muromo. T |  |
| 16/09/22 | Scholarly Authoring: Where to start your research journey | 2a | 1 | Proquest |  |
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